 

**THE MOST IMPORTANT MEAL OF THE IS FREE FOR ALL** STUDENTS.

HOT BREAKFAST

French Toast Sticks with Sausage (MONDAY)

Sausage Egg and Cheese (TUESDAY, THURSDAY)

Ham Egg and Cheese (WEDNESDAY)

Bacon, Egg, and Cheese (FRIDAY)

Other breakfast MEAL options

**MIX OR MATCH CHOOSE 2**

Cereal Bowl

Muffins

Toaster Pastries

Yogurt Cup

**CHOOSE ONE:**

Mini Breakfast Items

Fruit Yogurt Parfait

Bagel with Cream Cheese

**CHOOSE TWO:** Fresh Fruit (Apple, Banana, Orange)

100% Fruit Juice (Apple, Orange, Fruit Punch

**CHOICE OF MILK**

1% Plain Milk, Fat Free Plain Milk, or Fat Free Chocolate Milk